



**GOLD COAST
HOSPITAL
FOUNDATION**

Achieving the best public health care, research and education for the Gold Coast community

NEWSLETTER | SECOND QUARTER | SEPTEMBER 2013



Foundation CEO, Kim Sutton, with some of the successful grant applicants

FOUNDATION GRANTS \$43,000 TO GOLD COAST HEALTH STAFF FOR EDUCATION AND RESEARCH PROJECTS

On 17th July successful recipients of this year's Education and Research grants were announced at an event for Gold Coast Health staff held in the Education Centre at Southport.

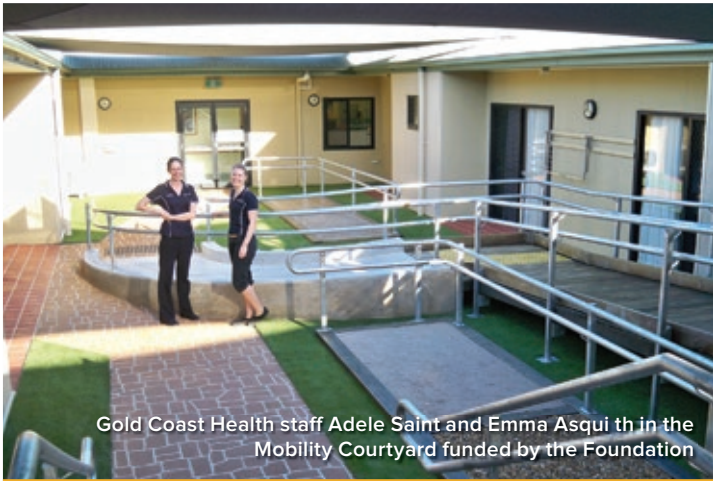
The Foundation received a number of impressive applications and as always the decision was a difficult one for the panel as each application is worth funding and would ultimately improve health care in our region. We are proud to announce that 13 talented Gold Coast Health staff received grants this July and below are a couple of examples:

- \$2,000 for a health professional to attend a 2-week course on diabetes education and management. Diabetes is the fastest

growing disease in Australia and this course will benefit an estimated 1,300 patients per year.

- \$9,631 for research to assess the impact of combined malnutrition and surgical delay on patients admitted to Gold Coast Hospital with hip fractures - estimated to benefit at least 180 patients per year.

Gold Coast Hospital Foundation CEO, Kim Sutton, said "We are proud to support the work of such a dedicated and skilled team of health professionals – their commitment to patient care is inspiring. Thank you to the community. Your donations are what makes our work possible."



Gold Coast Health staff Adele Saint and Emma Asquith in the Mobility Courtyard funded by the Foundation

CASE STUDY: THE ROAD TO RECOVERY - JOE'S STORY

Following an injury or accident, the road to recovery can be a long and anxious process, especially for elderly patients and their families. Traversing a simple footpath or ramp can be a daunting obstacle for patients fresh out of therapy. This is why, in 2012,

the Gold Coast Hospital Foundation funded a \$48,000 Outdoor Mobility Training area at the Carrara Health Centre to ensure patients on the Gold Coast have the best rehabilitation outcome possible.

One patient who made full use of this courtyard was a Southport man named Joe. At 87 years of age and suffering from Parkinson's disease, Joe was admitted to the Carrara Rehabilitation Centre following a fall that left him with a fractured hip, requiring a partial hip replacement at Gold Coast Hospital.

The mobility courtyard allowed staff to work easily alongside Joe to help him build confidence and regain muscle strength using his walker on a range of different gradients and surfaces. When Joe was admitted to Carrara he was completely bed bound and his leg was in traction. By the time Joe was discharged, he was walking independently, had more confidence and the physiotherapy team who worked with him daily were confident he could return home without risk of another fall or injury.

This equipment donation is just one example of the added benefits the Gold Coast Hospital Foundation delivers to Gold Coast Health and our community.

*Name has been changed



Foundation Chairman Gary Baidon, local MP Rob Molhoek and Gold Coast Mayor Tom Tate were among the 400 guests at this year's Gala

ROLLING OUT THE RED CARPET FOR AN AUSTRALIAN FIRST

On Friday 9th August more than 450 guests were given a unique, once in a lifetime opportunity to attend the Gold Coast Hospital Foundation's Gala Extravaganza inside the new Gold Coast University Hospital, before it officially opens to the public. This was the first event of its kind in Australia to be held inside a hospital.

The Gala showcased this incredible new hospital and provided guests with a fun opportunity to help us continue to improve health care on the Coast. The support we received on the night was overwhelming with more than \$50,000 raised through auctions and raffles. Guests enjoyed sumptuous catering from

Little Truffle whilst taking in a range of live entertainment and surprises including an ice-skater, acrobat, soprano singer and musicians.

A special thanks must be extended to our distinguished guests: Rob Molhoek, MP for Southport; Mayor and Mayoress, Tom Tate; Tourism Minister, Jann Stuckey; Gold Coast Hospital Foundation Chairman, Gary Baidon; former mayors Ron Clarke and Lex Bell; and Gold Coast Health Chairman, Ian Langdon.

We would also like to thank our generous sponsors EC. Pohl & Co, Southern Cross Austereo and Grand Brands.



Sheila and Dennis at their pop up store in Southport, raising funds for the Gold Coast Hospital foundation

10 YEARS OF SERVICE TO IMPROVE HEALTH CARE

For the past 10 years our amazing volunteers Sheila and Dennis have helped raise well over \$100,000 for the Gold Coast Hospital Foundation. Every week they set up shop in the Gold Coast Hospital foyer, selling goodies that have been produced and donated by Sheila, local residents and businesses. Sheila and Dennis both share a passion for helping their local community and it's only through their hard work that the Gold Coast Hospital Foundation was able to fund so many important research, education and equipment grants.

On behalf of the Foundation, hospital staff and patients we would like to thank Sheila and Dennis for their outstanding contribution to the Gold Coast community.

THANK YOU TO OUR SUPPORTERS

Lend Lease has a proud history of building state-of-the-art medical facilities all over the world and the soon to be completed, 750-bed tertiary Gold Coast University Hospital is up there with the very best. Over 170 staff have worked on this project since 2008 and although construction has come to an end Lend Lease's commitment to improving health care in Queensland is as strong as ever. This commitment was on full display at our recent Gala event where Lend Lease contributed more than \$20,000 towards vital medical equipment, valuable medical research and further staff education here on the Gold Coast. These generous contributions will benefit our entire region and we would like to thank the Lend Lease team for their hard work and dedication to this project and for valuing the health care of our community.

Give Me 5 for Kids Wow... this year's appeal exceeded the original target of \$100,000 and raised an impressive

\$156,876.30 for children in hospital on the Gold Coast. This money will be used to purchase surgical equipment for use in procedures on babies and children, monitoring equipment for use during birth and a range of other medical equipment for assisting children. We would like to extend a huge thank you to Richard, Bridge and Spida, Gold FM breakfast radio announcers, and all of the team at Southern Cross Austereo who support the campaign, especially their General Manager, Nick Scott.

EC. Pohl & Co, a local company that specialises in managing money on behalf of wholesale investors, were the naming rights sponsors of our recent Annual Gala Extravaganza. Their support of this event helped make the night a success and we look forward to working with the team again in the future.

Bond University and **Genesis** for sponsoring tables at the Foundation's Annual Gala

MEET OUR NEW TEAM MEMBERS

The Foundation has recently gone through a mini-restructure to get us ready for our move to the new Gold Coast University Hospital and all the opportunities this brings to the Foundation to increase our positive impact on health care.

Chris Braat **Community Partnerships Manager**

Chris has a wealth of experience in community fundraising, gained working for Oxfam Australia and MonDial fundraising. He enjoys working with people who want to make a difference to the community and truly believes that together we can ensure that the Gold Coast has access to the best possible health care in the country.



Lisa Hennessey **Foundation Assistant**

Having worked for a number of organisations around the world, Lisa is keen to support the Gold Coast Hospital Foundation team to help everyone in the Gold Coast community have access to the best health information and public health care. Interesting fact: Lisa once worked for Lord Lawson in the House of Lords, London, so she knows how to rise to the occasion and most importantly how to curtsy!



HOW YOU CAN GET INVOLVED

Individuals

There are many ways that you can support public health care from making a donation, holding a fundraising event, or even volunteering in your spare time. We rely on the support of our community to continue improving health care on the Gold Coast. To learn more about how you can get involved please contact Chris on (07) 5571 2150 or chris@gchfoundation.org.au.

Companies and Organisations

We are looking to develop long term partnerships that help you meet your objectives and benefit the health of the Gold Coast Community at the same time. Call our CEO to discuss, on 07 5571 2150.

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FIRST FOUNDATION DAY IS A SUCCESS

On 17th July we held our very first Foundation Day. Following a grant award ceremony in the education centre, the Foundation team and two incredible volunteers visited the Gold Coast and Robina hospitals to give out teddy bears and gift baskets to patients. It was an emotional day and a great opportunity for the team to see and hear first-hand from hospital staff and patients about the impact donations are having on health care and the treatment patients receive.

A massive thank you to our volunteers Camille and Adrian (pictured) who put the goodie baskets together with the support of local businesses.



THE FOUNDATION IS ON THE MOVE

On the 16th September the Foundation will move to its new home at Gold Coast University Hospital, Southport. We are very excited about this move as it will see us housed in the retail area on the ground floor. This means that we will be easily reached by staff, patients and visitors who would like to meet us and find out more about our work. Pop in and say hello, we'd love to meet you! **Our new postal address** is: Gold Coast Hospital Foundation PO Box 23, Griffith University, QLD 4222.

CONTACT US

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