## Gold Coast 3rd Annual Palliative Care Conference 2024 Allied Health and Nursing

Friday 14<sup>th</sup> and Saturday 15<sup>th</sup> June 2024
Gold Coast University Hospital, PED Building, 7:30am to 4:30pm

## Inspiring Continuous Learning through Practical Application

Time	Friday 14 <sup>th</sup> June Session Information	
7:30 - 8:00am	Registration	
8:00 - 8:30am	Welcome & Acknowledgement to Country Emerald Brewer, Yugambeh Region Aboriginal Corporation Alliance (YRACA)	
8:30 - 9:30am	What is Spiritual Care – and why it can be of value to anyone Venerable Tsultrim, Spiritual Care Practitioner/ Counsellor, Karuna Hospice	
9:30 - 10:00am	Roll out of the Statewide Palliative Care Reform – The Changing Face of Palliative Care Laureen Hines, Director, Healthcare Improvement Unit, Department of Health	
10:00 - 10:30am	Morning Tea	
What's New in Managing Pain in Palliative Care?		
10:30 - 11:00am	Should we use the ladder one step at a time? The WHO Analgesic Ladder Examined Lorna Chess-Williams, Senior Pharmacist, Specialist Palliative Care, Gold Coast Health Julie Barnes, Nurse Practitioner, Specialist Palliative Care in Aged Care (SPACE), Gold Coast Health	
11:00 - 11:30am	The Evolving Landscape of Palliative Radiotherapy Mary Job, Radiation Therapist, Mater Health Services	
11:30 – 12:00pm	Neurolysis in Interventional Radiology for Pain Management Kanwal Sandhu, Registered Nurse, Radiology Special Procedures, Gold Coast Health	
12:00 - 12:30pm	Non-pharmacological Pain Management Collette Morris, Senior Psychologist, Specialist Palliative Care and Persistent Pain Team, Gold Coast Health	
12:30 - 1:30pm	Lunch and Kellea the Labradoodle Visit	





Time	Concurrent Session One Small Lecture Theatre: E.G.002	Concurrent Session Two Large Lecture Theatre: E.G.009	
1:30 - 2:15pm	Matters of Life: Facilitating Meaningful Engagement in Palliative Care Rapid Fire Session Facilitated by Emily Mitchell, Advanced Palliative Care Occupational Therapist, Gold Coast Health  1. Palliative Rehabilitation – PCU Occupational Engagement Student Project Aine McCann & Tayla Shepherd, Occupational Therapists, Gold Coast Health 2. The Effects of Virtual Reality Interventions on Occupational Participation and Distress from Symptoms in Palliative Care Patients Zara Hoskinson & Russell Plumbridge-Jones, Senior Occupational Therapists, Gold Coast Health 3. Equipment Prescription: Exploring the Continuum of Care - Oncology to Palliative Care Renae Kelly, Advanced Clinical Advisor, Medical Aids Subsidy Scheme (MASS) Palliative Care Equipment Program (PCEP)	Nib's, Mab's and More - New Palliative Therapies Daniel Del Dot, Senior Oncology Pharmacist, Gold Coast Health	
2:15 - 3:10pm	Rapid Fire Session Facilitated by Jessica Maskell, State-wide Clinical Lead, SPaRTa Grief and Bereavement  1. Dignity Therapy and Life Review Dean Vuksanovic, Psychologist, Gold Coast Health  2. Adolescent and Young Adult Legacy and Memory Making Kylie McPaul, Statewide Social Worker, QLD Youth Cancer Service  3. Holding Space, Not Judgement: A Guide to Trauma Informed Practice in Palliative Care Matilda Nicholson, Senior Social Worker, Specialist Palliative Care, Gold Coast Health  4. Empowering Choices: Advance Care Planning in Palliative Care Dawn Leigh, Social Worker, Specialist Palliative Care, Gold Coast Health	Rapid Fire Session Facilitated by Kath Furnell, Clinical Nurse Consultant, Specialist Palliative Care, Gold Coast Health 1. "Breathe easy you've got this" evident based practice for dyspnoea management Julie Barnes, Nurse Practitioner, Specialist Palliative Care in Aged Care (SPACE), Gold Coast Health 2. Managing respiratory secretions at end of life: it's your problem not theirs Lisa Tranter, Clinical Nurse Consultant, Specialist Palliative Care, Gold Coast Health 3. A Queasy Farewell: Navigating Nausea at end of life Kylie Wolski, Clinical Nurse Consultant, Specialist Palliative Rural Telehealth Service (SPaRTa) 4. Let's talk about poo, baby: Bowel Management Sam Passek, Clinical Nurse Consultant, Specialist Palliative Care, Gold Coast Health	
3:10 - 3:30pm	Afternoon Tea		
3:30 - 4:00pm	Workplace & Experiential Learning in Palliative Care: PEPA Program Jennifer Bradd, Acting QLD Manager, The Program of Experience in the Palliative Approach (PEPA) Aurora Hodges, Director of Learning & Development, Centre for Palliative Care Research & Education PEPA Placement Experience Christie Wilkinson, Occupational Therapist, Aged Care Assessment Team (ACAT)		
4:00 - 4:30pm	Psychedelics Drug Assisted Therapy Dr Shanthi Sarma & Dr Sigrun Gutjah, Psychiatrists, Gold Coast Health		
4:30	Conclusion		
4:30 – 6:30pm	Laughter Care Session/ Networking Event with Nibb	oles & Refreshments	

Time	Saturday 15 <sup>th</sup> June 2024 Session Information	
8:15 - 8:30am	Open	
8:30 - 9:00am	Grief and Bereavement Care: how do we best provide support to those who need it?  Jessica Maskell, State-wide Clinical Lead SPaRTa Grief and Bereavement  Merryn Gray, SPaRTa Gold Coast Grief and Bereavement Care Coordinator	
9:00 - 9:30am	Compassionate Communities Katherine Richards, Team Leader Specialist Palliative Care, Gold Coast Health Maria Callaghan, Older Person's Health & Palliative Care Manager, Northern QLD Primary Health Network (NQPHN)	
9:30 - 10:00am	Embracing First Nations Traditional Medicines to provide Culturally Safe Palliative Care to First Nations Peoples Dr Alana Gall, National Centre for Naturopathic Medicine, Faculty of Health, Southern Cross University	
10:00 - 10:30am	Equal But Not the Same: LGBTIQ+ Inclusive Palliative Care Robert Hardy, Director Training and Capacity Building, LGBTIQ & Health Australia	
10:30 - 11:00am	Morning Tea	
11:00 - 11:30am	Mastering Tough Conversations Tracey Norling, Nurse Practitioner, Specialist Palliative Care, Gold Coast Health	
11:30 - 12:30pm	Exploring the Patient Journey: A Dynamic Panel Discussion on Multidisciplinary Palliative Care Facilitated by Tracey Norling, Nurse Practitioner, Specialist Palliative Care, Gold Coast Health Panel Members: Elise Maehler, Palliative Care Consultant, Gold Coast Health Kathryn Furnell, Clinical Nurse Consultant, Community Palliative Care, Gold Coast Health Rina Di Iorio, Registered Nurse, Palliative Care Unit, Gold Coast Health Laurelle Stalker, Senior Palliative Care Social Worker, Gold Coast Health Emily Mitchell, Advanced Palliative Care Occupational Therapist, Gold Coast Health	
12:30 - 1:30pm	Lunch	
1:30 - 2:00pm	Voluntary Assisted Dying: 18 months on from Implementation Joanna Mangan, Psychologist, QLD Voluntary Assisted Dying (VAD) Support Service	
2:00 - 2:30pm	Ambulance Wish Lauren Carr, Program Lead Ambulance Wish QLD, Palliative Care QLD Aine McCann, Occupational Therapist, Specialist Palliative Care, Gold Coast Health Sam Passek, Clinical Nurse Consultant, Specialist Palliative Care, Gold Coast Health	
2:30 - 3:00pm	Self-care and Mindfulness for Body, Mind and Soul Michelle Philp, Chaplain, Spiritual Care, Gold Coast Health Alison Harris, Social Worker, Specialist Palliative Care, Gold Coast Health	
3:00 - 3:15pm	Evaluation and Close	

## **Enquiries:**

P: 1300 763 218 E: GCHPallCareEvents@health.qld.gov.au

In partnership with:









